



2018 PALARONG PAMBANSA  
Vigan, Ilocos Sur



**TOURNAMENT RULES IN FOOTBALL**

**I. DATE AND VENUE**

The 2018 Palarong Pambansa Football Competitions Solidarity Meeting shall be held on April 13, 2018 at 8:00 A.M. at the Vigan Convention Center. The first day of the competitions will start on 14, 2018 at four (4) playing venues, stated below:

**Football Secondary:**

Pitch 1 – Quirino Stadium Football Pitch  
Pitch 2 – Pagsanaan Football Pitch, Magsingal

**Football Elementary:**

Pitch 1 – Immaculate Concepcion Minor Seminary  
Pitch 2 – St. Paul College Football Pitch

**II. COMPETITION RULES**

A. The competition shall be held in accordance with the current International Football Association Board approved FIFA Laws, including changes in the laws. However, in matters not covered by these rules and regulations, decision shall rest with the Tournament Manager.

B. The Technical Committee/Tournament Manager shall be responsible for the technical organization of the tournament. The decision of the committee in all matters regarding the competition shall be final.

C. Official coaches shall observe proper decorum during the competition.

D. Only official coaches are allowed to approach the match Control/Referee with regards to questions and inquiries during the match.

E. Only the official coach shall be allowed to sit on the bench, he shall only be the one to convey tactical instructions, side coaching to the players.

F. Players and coaches shall always conduct themselves in a manner which shall reflect favorably upon the game of football and themselves as a true gentleman.

G. Players, coaches including identified team supporter, pointing dirty fingers, use of profane language or any derogatory remarks addressed to the officiating officials shall be warned and repetition of the same offense warrants sanction in such case the offender may be thrown out of the vicinity of the playing venue.

H. Coach must attend the Solidarity Coaches Meeting, no coach will be allowed to sit on the bench and to coach the team in their first game without attendance to Solidarity Meeting unless valid and justifiable reason/s in writing shall be given and submitted to the Technical Management Committee. A team with an expelled coach can continue play in the presence of the team captain.

**III. TOURNAMENT FORMAT**

The 2018 Palarong Pambansa shall adopt the Single Round Robin, Cross-Over and Knock-Out System of tournament hence, there shall be grouping of teams:

**GROUPING PROCEDURE:**

A. The seventeen (17) regions shall be divided into four (4) groups, A, B, C & D. Three (3) groups will have four (4) teams each and one (1) group will have five (5) teams. It shall also draw a lot to which group will it belong prior to the game. The groups shall have at least one (1) team from Luzon, Visayas, and Mindanao. Teams in each group shall play a single round robin and shall be ranked accordingly.

**GROUP "A"**

1<sup>st</sup> \_\_\_\_\_  
 M \_\_\_\_\_  
 V/M/L \_\_\_\_\_  
 L \_\_\_\_\_

**GROUP "B"**

2<sup>nd</sup> \_\_\_\_\_  
 M \_\_\_\_\_  
 L/M \_\_\_\_\_  
 L \_\_\_\_\_

**GROUP "C"**

3<sup>rd</sup> \_\_\_\_\_  
 6<sup>th</sup> \_\_\_\_\_  
 M/L \_\_\_\_\_  
 V/L \_\_\_\_\_  
 M/L \_\_\_\_\_

**GROUP "D"**

4<sup>th</sup> \_\_\_\_\_  
 5<sup>th</sup> \_\_\_\_\_  
 V/L \_\_\_\_\_  
 M/L \_\_\_\_\_

**B.** Top two (2) teams in each group will advance to the quarterfinals and play on the cross-over system. Respective winners will advance to the semi-finals. Losers from the semi-finals will play for 3rd and 4th places respectively while the winners will play for the championship (1st & 2nd places).

**QUARTER FINALS (4 GAMES)**

QF1    A1 \_\_\_\_\_ VS    D2 \_\_\_\_\_  
 QF2    A2 \_\_\_\_\_ VS    D1 \_\_\_\_\_  
 QF3    B1 \_\_\_\_\_ VS    C2 \_\_\_\_\_  
 QF4    B2 \_\_\_\_\_ VS    C1 \_\_\_\_\_

**SEMI-FINALS (2 GAMES)**

Winner QF1 \_\_\_\_\_ VS    Winner QF4 \_\_\_\_\_  
 Winner QF2 \_\_\_\_\_ VS    Winner QF3 \_\_\_\_\_

**FINALS**

Loser SF1 \_\_\_\_\_ VS    Loser SF2 \_\_\_\_\_    3rd & 4th Places  
 Winner SF1 \_\_\_\_\_ VS    Winner SF \_\_\_\_\_    1st & 2nd Places

**C. CLASSIFICATION OF TEAMS**

Team	GP	Winner	Draw	Loser	GA	GD	GF	Total
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**IV. BREAKING OF TIES**

**A.** Shoot-out from the penalty mark and sudden death procedure shall apply to break the tie during quarterfinals, semi-finals and finals.

**V. DURATION OF THE MATCH**

**A.** Playing time for elementary level shall be two (2) periods of thirty (30) minutes each, with an interval of ten (10) minutes, while in the secondary level, two (2) periods of forty (40) minutes each with an interval of five (5) minutes.

**VI. NUMBER OF PLAYERS**

**A.** Maximum of eighteen (18) players for each team, with One (1) official coach,  
**B.** A match is played by two (2) teams, each consisting of not more than eleven (11) players including the goal keeper. A match shall not start if either team has less than seven (7) players. (15 minutes' grace period applies).

**VII. PLAYERS EQUIPMENT**

**A.** Players are required to wear their complete uniform and in conformity with FIFA rules:

- Regional color (sponsors uniform are not allowed). The player's number 1-18, on the uniform registered on the official list shall also be the same on the starting list and the same number shall be used by the player throughout the Palarong Pambansa game duration.
- Official jersey shirt with sleeves and shorts of Region represented.



- long socks
- shin guards
- football shoes (barefoot athletes will not be allowed to play)
- undergarments should be of the same color with the sleeve and short pants
- Tapes/bands should be the same color with the socks.

B. The captain of the team is required to wear an arm band around his left arm to enable the referee to distinguish him from the rest of the team.

### **VIII. COLORS**

- A. The two teams must wear colors that distinguish from each other and also the referees and the assistant referees.
- B. Each team shall wear its official first outfit as declared in the final registration form during the solidarity meeting.
- C. If a team should have a spare/second outfit (colors contrasting with those of their first outfit), this should likewise be declared. Teams are obliged to prioritize the use of the official/first for all its matches.
- D. All teams are obliged to bring along their official/first outfit and spare/second outfit to every match. If in the opinion of the Tournament Manager and the referees, the color of the two (2) opposing teams clash, the outfits must be changed, wherein the spare/second outfit may be used for the succeeding matches of the whole tournament or in combination.
- E. In the event that both teams do not have spare /second outfits, one (1) of the teams shall be obliged to wear a vest. A toss supervised by the referee, shall determine who will wear the vest.
- F. The Goalkeeper must wear a jersey that has a color different from the rest of the team colors. (If the goalkeeper is used as a field player, he should also wear the same uniform as that of the field players and the number should be the same as that of his being a goalkeeper jersey).
- G. The player's assigned numbers must be of contrasting colors from the jersey and should be either sewn or printed.
- H. Player shall play using his jersey bearing the originally registered number.
- I. Under no circumstances will players be allowed to play with numbers not properly sew or printed on the jersey. A player may not use a number different from his originally registered one. Any team found guilty of infringing these rules shall be subject to disciplinary action. Team Number must be from 1-18 only, no other numbers are allowed to be printed in players' jersey. First choice Goalkeeper must be assigned no 1.

### **IX. MATCH REGULATIONS**

- A. Team Line – up must be the same as the officially approved roster by the Palarong Pambansa Screening Committee.
- B. Prior to the start of the match, the fourth official shall distribute the team line-up forms to the respective teams.
- C. The forms must be properly accomplished and bear the signature of the head coach before it is returned to the fourth official
- D. No more than seven (7) players may be substituted during a match from the reserve players who must be registered before the start of each match.
- E. The substitution form must be accomplished and signed by the head coach before any substitution of a player could be made.
- F. The incoming player must then submit this form to the fourth official of the match before he is allowed to enter in the field of play.
- G. Any player who substituted cannot re-enter in the same match.

### **X. PLAYERS CAUTIONED OR DISMISSED FROM FIELD OF PLAY**

- A. A player who receives two (2) cautions (yellow card) shall automatically be suspended from the match following the match in which he received the second caution card.

**B.** A player expelled (**Direct Red Card, due to serious or violent conduct**) from the field of play by the referee shall be suspended for the next **two (2) matches**.

**C.** Disciplinary measures such as caution, expulsion of players and officials shall be carried to the championship game.

**D.** After serving a suspension imposed on a player, he is allowed to play in the succeeding match. However, if the player receives a yellow card in a match, he will be suspended for the next match due to the previous red card sanction. Moreover, if the player receives two (2) yellow or red card in the match, the player will not be allowed to participate in the whole duration of the competition.

**E.** Any player guilty of initiating a mass confrontation or a fistfight with opponents/teammates are disqualified from participation from the tournament.

**G.** Coaches who are expelled from the match are given 2 games suspension. If an expelled coach will not remove himself from play, (an ample time will be given-maximum 15 minutes) the team will loss the match (3-0 if no score), retained the score or more at the time of stoppage, if his team is leading will loss 3-0 to opponents

#### **XI.SUBSTITUTES BENCH/TECHNICAL AREA**

**A.** Only the following duly accredited persons are authorized to sit on the substitute's bench:

- Maximum of seven (7) substitutes players;
- a suspended player is not allowed to sit on the bench;
- a coach

#### **XII. WARMING-UP BEFORE AND DURING THE MATCH**

**A.** Depending on the weather and the condition of the turf (to be decided on by the Tournament Manager), the teams will be allowed to warm-up on the half of the pitch closest to their respective team bench

**B.** During actual play:

- a maximum of four (4) player from each team may warm-up at the same time, without the ball;
- only the goalkeeper is allowed to warm-up with ball;
- not more than two (2) technicians are allowed to accompany the four (4) players during the warm-up.

#### **XIII. MEDICAL TREATMENT OF PLAYERS ON THE FIELD OF PLAY**

**A.** If a goal keeper needs medical treatment on the field of play during the match the following procedures must be observed:

- upon signal from the referee, the team doctor and his assistant may attend to the injured goal keeper
- Only the goal keeper can be treated inside the field of play.

#### **XIV. LIQUID INTAKE DURING THE COURSE OF PLAY**

**A.** Because the balance of water in the body is essential for health, FIFA actively encourage players to drink liquid the match. The following rules must be observed so as to avoid disorderliness in the field and possible to injury to the athlete:

- bottled glass and any drinking material that can cause danger to both teams are prohibited;
- liquid may be taken during the play and stoppage of play;
- drinks must be contained in plastic bottles and handed to the player/s at the touch lines, one (1) meter away (no coleman)
- For matches played with extreme heat, a 1-3 minute water break per half is allowed at the discretion of referee upon conferment with the Tournament Manager.



## XV. WALK-OVER /ABANDONMENT

### A. Walk-over

1. A fifteen (15) minutes grace period on the scheduled match shall be given, otherwise the team shall be declared loser via walk-over.

### B. Abandonment of matches

1. If a match has to be suspended as a result of any incident (walk out by team, lack of order from spectator/s who invade the field of play), the Tournament Manager must decide, within twenty-four (24) hours of such incident to determine the action to be taken. **Team/s that abandoned the match is disqualified from the tournament.**

## XVI. DRESS CODE FOR COACHES

- a. pants or jogging pants
- b. t-shirts with or without collar
- c. leather or rubber shoes

## XVII. NON-APPEARANCE OF THE TEAM

A. Team should be at the venue at least thirty (30) minutes before the scheduled time and should be already warmed up five (5) minutes before the time while equipment to be used are being inspected.

B. A grace period of fifteen (15) minutes shall be given to the non-appearing team after the scheduled playing time. Non-appearance of team after the grace period will automatically forfeit its game with a score of 3-0 (3 points) and Tournament Committee will meet immediately to decide on further sanctions. The Law of immediate succession shall be observed. Only the first game in the morning and first game in the afternoon shall be given fixed scheduled time. The game that follow shall start immediately after the end of each preceding game. Inspection of each athlete's gallery must be done before the start of any game.

## XVIII. PROTEST

A. Protest should be in written form duly signed by the coach and noted by the Regional Sports Officer and must be handed over to the Tournament Manager within two (2) hours after the match.

B. No protest will be entertained regarding eligibility of players.

C. No protest will be entertained regarding judgment calls of the referee. Only technicalities of the game may be protested.

**D. Respect: respect decision of the referee as stated in the Laws of the Game IFAB 2017-2018**

## XIX. UNFORSEEN EVENT

A. The decision of the referee on any disputes during competition shall be final.

B. If a participating team withdraws or a match cannot be played or is abandoned as a result of force majeure, the technical management committee shall decide on the matter at its sole discretion and take whatever action is deemed necessary.

C. further to the above provision, in the case of a match being abandoned as a result of force majeure after it has already kicked off, the following principles will apply:

- the match shall recommence at the minute at which play was interrupted rather than being replayed in full, and with the same score line;
- the match shall recommence with the same players on the pitch and substitutes available as when the match was abandoned.
- Likewise the match shall commence with the same sanctions at the time of stoppage.

GAMES DISRUPTION: games which are cancelled/disrupted/stopped due to "**FORCE MAJEURE SITUATION**" or for any valid reason, shall be treated in the following manner:

**D. RESET** - If a scheduled game was cancelled for a valid reason, the management shall re-schedule the game at the bottom of the schedules.

**E. PROLONG INTERRUPTIONS:** Interrupted matches, even it exceeds the four hours and played in another venue, match shall continue with the same scores and players.

**F.** As regards the specific items not expressly foreseen in this rules shall be decided by the organizer. The Tournament Manager reserves the right to amend or alter any provision of the above mentioned rules and regulations for the success and interest of the tournament.

**G.** In any case of a "free for all" where the referee cannot identify the players who started the fight, this rule shall take the effect:

Any match concerned; both teams will lose the game and will be banned from participating for the rest of the tournament.

**XX. THOSE NOT COVERED BY THE TOURNAMENT RULES, FIFA LAWS WILL APPLY.**

**Note: It was agreed by the coaches during the Solidarity Meeting on April 10, 2018 that each team may designate a Physiotherapist but his function is limited only to manage minor injuries of the players, violation of the said PT shall mean ejection from the technical area of the team**

  
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