SEPAK TAKRAW

I. DATE AND VENUE

The Palarong Pambansa Sepak Takraw competition will be held on May 4 – 10, 2014 at the San Antonio De Padua College and Collegio Monterel de Pila covered court in Pila, Laguna.

II. RULES OF THE TOURNAMENT (TEAM COMPETITION)

The tournament shall be run in accordance with the rules of the International Sepak Takraw Federation (ISTAF) currently enforced

Any unforeseen incidents not covered by the rules shall be dealt with as follows:

1. Case of general nature shall be resolved in accordance with the Palarong Pambansa Games rules.
2. Technical questions shall be referred to and resolved by the Technical Committee.
3. In case of problems not covered by the existing ISTAF rules, the final decision shall rest with the Tournament Manager.

A. MODE OF COMPETITION

1. The tournament manager shall prepare the rule of the tournament.
2. The tournament shall be played in Single Round Robin System grouped into four, A, B, C, and D for the elimination. The Top two (2) teams in each group will advance to the crossover quarterfinals using the knock out system, the loser in the schedule first game will receive eight (8) placer and so on.
3. There will be quarterfinals, semi-finals and finals in this match. Winner in each group shall play with the first runner-up in the other group as follow:

   Winner Group A vs. Runner-Up Group C
   Winner Group B vs. Runner-Up Group D
   Winner Group C vs. Runner-Up Group A
   Winner Group D vs. Runner-Up Group B

4. Two (2) points shall be awarded for the win and zero (0) for a loss. If two (2) or more teams obtain and equal number of points after the elimination, the following rules shall be applied.

   4.1 In case of tie, win over the other shall be applied, where in the winner between the two (2) teams during their elimination game shall be declared winner.
4.2 In case of triple tie, the set difference between the total score “for” and “against” shall be decisive. This shall be obtained by deducting the points “against” from the points “for”.

4.3 The score difference of the matches played by each of the teams shall be decisive.

4.4 If these alternative are all found to be the same, then a decision taken by the toss of the coin shall be decisive.

B. COMPOSITION OF THE TEAM

1. A team shall be comprised of nine (9) players and three (3) reserve players. No player may play in more than one regu. Each regu shall be decided on a best of three (3) sets. The rules were based on the Palarong Pambansa team composition which composes of twelve (12) players.

2. Under the new rule, a coach may register two (2) reserve players in each regu but may use only one substitute per regu.

3. Substitution of player is allowed on request of the official coach to the official referee when the ball is not in play.

4. Each regu will be allowed to make substitution for injury provided a substitution has not been made earlier. If substitution has been already made, the regu will not be allowed to continue and will be considered as having lost.

5. Any regu having less than three (3) players will not be allowed to continue the game and will be considered as having lost

C. ENTRIES

Entries of each region must be submitted according to the regulations imposed by the Organizing Committee of the Palarong Pambansa rules. Rule of succession is applied. Fifteen (15) minutes grace period will be given to the team after the last or conclusion of the last match following their game schedule. Non-appearance of the team after the grace period given will mean forfeiture of the game in favor of the opposing team.

D. THE START OF PLAY AND SERVICE

1. The side which serves first will serve first for three (3) consecutive services, following which the other side will also serve for the next three (3) points regardless of which side wins a point.

2. A deuce (when both sides reached 20-20) the service shall alternate on every point.

3. The side which receives first in any set shall serve first in the subsequent set.
E. SCORING SYSTEM

1. Each set is won by the side which scores twenty one (21) points with a maximum lead of two (2) points.
2. In the event of a 20-20 tie, the set shall be won by the side which gets a lead of two (2) points or when a side reaches twenty five (25) points (whichever occurred first)
3. When the score is tied up 20-20, the match referee will announce “setting up to 25 points”.

F. WEARING OF UNIFORMS OR REGIONAL COLOR

1. Participating teams and coaches should wear the color of their respective regions assigned to them during their schedule games.
2. Players not wearing their proper uniform during which their team or regu is scheduled to play will not be allowed to play.
3. Players must wear their jersey uniform with permanent number at the back of their shirt, numbering 1 to 12.

G. MISCONDUCT OF TEAM OFFICIALS

Disciplinary action shall be taken against Team Officials or his/her team for any misconduct or disturbances committed by the official or team during a tournament whether in or outside the court.

H. GENERAL

In the event of any question or any matter arising out of any point, which is not expressly provided for in any rules of the game, the decision of the Official Referee shall be final.

III. RULES OF THE TOURNAMENT (INTER-REGU COMPETITION)

A. The tournament will be run in accordance with the rules of the International Sepak Takraw Federation (ISTAF) currently enforced.

B. Any unforeseen incidents not covered by the rules shall dealt with as follows:
   1. Case of general nature shall be resolved in accordance with the Palarong Pambansa Board rules.
   2. Technical questions shall be referred to and resolved by technical committee.
   3. In case of problems not covered by the existing ISTAF rules, the final decision shall rest with the Technical Sub-Committee.

C. COMPOSITION OF A REGU

Each regu (team) shall composed of three (3) players and two (2) reserve. Each match shall be decided on the best of three (3) sets.
D. MODE OF COMPETITION
1. The tournament manager shall prepare the rules of the tournament. The inter-regu/best regu competition shall be played on a single elimination mode of competition. The best regu shall compete in a two out of three 2/3 sets competition.
2. Competitors are requested to report to the official referee and must be on the court and ready to play within five (5) minutes of the scheduled time of the match.
3. Five (5) minutes rest will be allowed at the end of the second set in the event of “one set all”. The official referee at his discretion default the regu who fails to resume the third set after the five minutes rest expire.

E. ENTRIES
Entries of each region must be submitted according to the regulations imposed by the Organizing Committee of the PalarongPambansa rules. Rule of succession is applied. Fifteen (15) minutes grace period shall be given to each team. Non-appearance of the team after the grace period given will mean forfeiture of the game in favor of the opposing team.

F. THE START OF PLAY AND SERVICE
1. The side which serve first will serve first for three (3) consecutive services, following which the other side will also sever for the next three (3) consecutive services. Service will alternate thereafter every three (3) points regardless of which side wins a point.
2. At deuce (when both sides reaches 20-20) the service shall alternate on every point.
3. The side which receives first in any set shall serve first in the subsequent set.

G. SCORING SYSTEM
1. Each set is won by the side which scores twenty one (21) points with a minimum lead of two (2) points.
2. In the event of a 20-20 tie, the set shall be won by the side which gets a lead of two (2) points or when a side reaches twenty five (25) points (whichever occurred first).
3. When the score is tied at 20-20, the match referee will announce “setting up to 25 points”.

H. PROTEST
1. Any protest must be lodged with the Chairman of the Jury of Appeal not later than one (1) hour after the conclusion of the match in question.
Protest must be submitted to the Tournament Manager with the signature of the Coach and the Head of Delegation.

2. The Jury of Appeal shall meet and give its decision as soon as possible. The decision of the Jury of Appeal shall be final and conclusive.

I. Wearing of Uniforms or Regional Color
   1. Participating teams and coaches should wear the color of their respective regions assigned to them during their scheduled games.
   2. Players not wearing their proper uniform during which their team or region is scheduled to play will not be allowed to play.
   3. Players must wear their jersey uniform with permanent number at the back of their shirt, numbering 1 to 5.

J. Misconduct of Team Officials
   Disciplinary action shall be taken against Team Officials or his/her team for any misconduct or disturbances committed by the official or team during the tournament whether inside or outside the court.

K. General
   In the event of any question or any matter arising out of any point, which is not expressly provided in any rules of the game, the decision of the Official Referee shall be final.

L. Awards
   Prizes shall be awarded in accordance with the PalarongPambansa Game Rules.

IV. Rules of the Tournament (Team Competition) - Sepak Takraw Jr.

A. The tournament shall be run in accordance with the rules of the International Sepak Takraw Federation (ISTAF) currently enforced.
B. Any unforeseen incidents not covered by the rules shall be dealt with as follows:

   1. Case of general nature shall be resolved in accordance with the PalarongPambansa Games rules.
   2. Technical questions shall be referred to and resolved by the Technical Committee.
   3. In case of problems not covered by the existing ISTAF rules, the final decision shall rest with the Tournament Manager.

C. Mode of Competition
   1. The tournament manager shall prepare the rule of the tournament.
   2. The tournament shall be played in Single Round Robin System grouped into four, A, B, C, and D for the elimination. The Top two (2) teams in each group
will advance to the crossover quarterfinals using the knock out system, the
loser in the schedule first game will receive eight (8) placer and so on.
3. There will be quarterfinals, semi-finals and finals in this match. Winner in
each group shall play with the first runner-up in the other group as follow:

   Winner Group A vs. Runner-Up Group C
   Winner Group B vs. Runner-Up Group D
   Winner Group C vs. Runner-Up Group A
   Winner Group D vs. Runner-Up Group B

4. Two (2) points shall be awarded for the win and zero (0) for a loss. If two (2)
or more teams obtain and equal number of points after the elimination, the
following rules shall be applied.

   4.1 In case of tie, win over the other shall be applied, where in the
       winner between the two (2) teams during their elimination game
       shall be declared winner.
   4.2 In case of triple tie, the score difference of the matches played by
       each of the team shall be decisive.
   4.3 The score difference between the total score “for” and “against”
       shall be decisive.
   4.4 If these alternative are all found to be the same, them a decision
       taken by the toss of the coin shall be decisive.

D. COMPOSITION OF THE TEAM
1. A team shall be comprise of three (3) players and two (2) reserve players.
   Each match shall be decided on a best of three (3) sets.
2. Under the new rule, a coach may register two (2) reserve players in each
   match. Each team is allowed to make two (2) substitution in each set, the
   player who has been substituted shall be allowed to re-enter in the same
   set.
3. Substitution of player is allowed on request of the official coach to the official
   referee when the ball is not in play.
4. Each team will be allowed to make substitution for injury provided a
   substitution has not been made earlier. If substitution has already made, the
   team will not be allowed to continue and will be considered as having lost.
5. Any team having less than three (3) players will not be allowed to continue
   the game and will be considered as having lost.

E. ENTRIES
Entries of each regions must be submitted according to the regulations imposed
by the Organizing Committee of the Palarong Pambansa rules. Rule of succession
is applied. Fifteen (15) minutes grace period will be given to the team after the
last or conclusion of the last match following their game schedule. Non-
appearance of the team after the grace period given will mean forfeiture of the
game in favor of the opposing team.

F. **THE START OF PLAY AND SERVICE**
   1. The side which serve first will serve first for three (3) consecutive services,
      following which the other side will also serve for the next three (3) points
      regardless of which side wins a point.
   2. A deuce (when both sides reaches 20-20) the service shall alternate on every
      point.
   3. The side which receives first in any set shall serve first in the subsequent set.

G. **SCORING SYSTEM**
   1. Each set is won by the side which scores twenty one (21) points with a
      maximum lead of two (2) points.
   2. In the event of a 20-20 tie, the set shall be won by the side which gets a lead
      of two (2) points or when a side reaches twenty five (25) points (whichever
      occur first)
   3. When the score is tied up 20-20, the match referee will announce “setting up
      to 25 points”.

H. **WEARING OF UNIFORMS OR REGIONAL COLOR**
   1. Participating teams and coaches should wear the color of their respective
      regions assigned to them during their scheduled games.
   2. Players not wearing their proper uniform during which their team or regu is
      scheduled to play will not be allowed to play.
   3. Players must wear their jersey uniform with permanent number at the back
      of their shirt, numbering 1 to 5.

I. **MISCONDUCT OF TEAM OFFICIALS**
   Disciplinary action shall be taken against Team Officials or his/her team for any
   misconduct or disturbances committed by the official or team during a
   tournament whether in or outside the court.

J. **GENERAL**
   In the event of any question or any matter arising out of any point, which is not
   expressly provided for in any rules of the game, the decision of the Official
   Referee shall be final.

V. **RULES OF THE TOURNAMENT (DOUBLE TAKRAW)-SEPAK TAKRAW JR.**

A. **GENERAL**

   1. The tournament shall be played in accordance with the rules of the
      International SepakTakraw Federation (ISTAF) currently enforced.
2. Any unforeseen incidents not covered by these rules shall be dealt with as follows:
   2.1 Cases of general nature shall be resolved in accordance with the general rules set forth by the PalarongPambansa Management.
   2.2 Technical questions shall be referred to and resolved by the technical committee.
   2.3 In case of problems not covered by the existing ISTAF rules, the final decision shall rest with the Tournament Manager.

3. The DepEd Eligibility rules shall be strictly observed.
4. The Tournament Manager shall manage and take charge of the proper conduct of the games and shall have final decision in all disputes and problems arising from the tournament upon consultation with the Technical Committee.
5. Only the official coach will be allowed to coach his/ her team during the games.
6. Official coach must observed proper decorum. Violation of any of these rules will mean forfeiture of the rights of a coach or manager of his / her team.
7. These Double Takraw Elementary ground rules and regulation will form part of the Palarong Pambansa meet until such time it was revoked or amended by the Palaro Management.
8. Only the coach and his/ her players will be allowed to stay in the area provided for them by the Tournament Management.

B. **MODE OF COMPETITION**
   1. The Double Takraw will be played in a knockout system.
   2. The participating team must be on the playing venue at least fifteen (15) minutes before the schedule of games. Rule of succession shall be applied.

C. **THE START OF PLAY AND SERVICE**
   1. The side which serve first will serve first for three (3) consecutives services, following which the other side will also serve for the next three (3) consecutive service. Service will alternate thereafter every three (3) points regardless of which side wins a point.
   2. At deuce (when both sides reaches 20-20) the service shall alternate on every point.
   3. The side which receives first in any set shall serve first in the subsequent set.

D. **REGISTRATION OF PLAYERS**
   Each participating region is entitled to register Four (4) players for the double takraw.

E. **WEARING OF UNIFORMS OR REGIONAL COLOR**
1. Participating teams and coaches should wear the color of their respective regions assigned to them during their scheduled games. Players not wearing their proper uniform during which their team or regu is scheduled to play will not be allowed to play.
2. Players must wear their jersey uniform with permanent number at the back of their shirt, numbering 1 to 4.

F. **WALKOVER**
Any team which has failed to play against the opponent team because of default or walkover, the game shall be forfeited in favor of the opponent team.

G. **PROTEST**
1. Any protest shall be submitted in writing and shall be accompanied by affidavit, witness and or evidences thereof to be entertained by the management duly signed by the team coach and the Head of Delegation.
2. Protest must be submitted within one (1) hour after the game.
3. Protest shall be resolved judiciously by the Technical Committee headed by the Tournament Manager.

H. **UNFORSEEN EVENTS**
The decision of the official referee on any question of the Law of the game of Double Takraw during the tournament shall be final. All matter not provided for in these Rules shall be dealt with the Technical Committee.

VI. **RULES OF THE TOURNAMENT - SEPAK TAKRAW GIRLS**
(Demonstration Sport)

A. **DATE AND VENUE**
The Palarong Pambansa Sepak Takraw Girls (Demonstration Sport) competition shall be held on **May 4 – 10, 2014** at the Sta. Clara Sur Covered Court in Pila, Laguna.

B. **RULES OF THE TOURNAMENT (INTER-REGU COMPETITION)**
1. The tournament shall be run in accordance with the rules of the International Sepak Takraw Federation (ISTAF) currently enforced.
2. Any unforeseen incidents not covered by the rules shall be dealt with as follows:
   2.1 Case of general nature shall be resolved in accordance with the Palarong Pambansa Games rules.
   2.2 Technical questions shall be referred to and resolved by the Technical Committee.
2.3 In case of problems not covered by the existing ISTAF rules, the final decision shall rest with the Tournament Manager.

C. MODE OF COMPETITION
1. The tournament manager shall prepare the rule of the tournament.
2. The tournament shall be played in Single Round Robin System grouped into four, A, B, C, and D for the elimination. The Top two (2) teams in each group will advance to the crossover quarterfinals using the knock out system, the loser in the schedule first game will receive eight (8) placer and so on. (If the number of teams reaches twelve (12) or more).
3. There will be quarterfinals, semi-finals and finals in this match. Winner in each group shall play with the first runner-up in the other group as follow:

   Winner Group A vs. Runner-Up Group C
   Winner Group B vs. Runner-Up Group D
   Winner Group C vs. Runner-Up Group A
   Winner Group D vs. Runner-Up Group B

4. If the number of teams is only ten (10) and below there shall only be two (2) groups, Group A and Group B and only semi-finals and finals shall be competed upon after the elimination, Where:

   Winner Group A vs. Runner-Up Group B.
   Winner Group B vs. Runner-Up Group A

5. Two (2) points shall be awarded for the win and zero (0) for a loss. If two (2) or more teams obtain and equal number of points after the elimination, the following rules shall be applied.

   5.1 In case of tie, win over the other shall be applied, where in the winner between the two (2) teams during their elimination game shall be declared winner.
   5.2 In case of triple tie, the score difference of the matches played by each of the team shall be decisive.
   5.3 The score difference between the total score “for” and “against” shall be decisive.
   5.4 If these alternative are all found to be the same, then a decision taken by the toss of the coin shall be decisive.

D. COMPOSITION OF THE TEAM
1. A team shall be comprise of three (3) players and two (2) reserve players. Each match shall be decided on a best of three (3) sets.
2. Under the new rule, a coach may register two (2) reserve players in each match. Each team is allowed to make two (2) substitution in each set, the player who has been substituted shall be allowed to re-enter in the same set.
3. Substitution of player is allowed on request of the official coach to the official referee when the ball is not in play.
4. Each team will be allowed to make substitution for injury provided a substitution has not been made earlier. If substitution has already made, the team will not be allowed to continue and will be considered as having lost.
5. Any team having less than three (3) players will not be allowed to continue the game and will be considered as having lost.

E. ENTRIES
Entries of each regions must be submitted according to the regulations imposed by the Organizing Committee of the Palarong Pambansa rules. Rule of succession is applied. Fifteen (15) minutes grace period will be given to the team after the last the conclusion of the last match following their game schedule. Non-appearance of the team after the grace period given will mean forfeiture of the game in favor of the opposing team.

F. THE START OF PLAY AND SERVICE
1. The side which serve first will serve first for three (3) consecutive services, following which the other side will also serve for the next three (3) points regardless of which side wins a point.
2. A deuce (when both sides reaches 20-20) the service shall alternate on every point.
3. The side which receives first in any set shall serve first in the subsequent set.

G. SCORING SYSTEM
1. Each set is won by the side which scores twenty one (21) points with a maximum lead of two (2) points.
2. In the event of a 20-20 tie, the set shall be won by the side which gets a lead of two (2) points or when a side reaches twenty five (25) points (whichever occur first)
3. When the score is tied a 20-20, the match referee will announce “setting up to 25 points”.

H. WEARING OF UNIFORMS OR REGIONAL COLOR
A. Participating teams should wear the color of their respective regions assigned to them during their schedule games.
B. Players not wearing their proper uniform during which their team or regu is scheduled to play will not be allowed to play.
C. Players must wear their jersey uniform with permanent number at the back of their shirt, numbering 1 to 5.
I. MISCONDUCT OF TEAM OFFICIALS
Disciplinary action shall be taken against Team Officials or his/her team for any misconduct or disturbances committed by the official or team during a tournament whether in or outside the court.

J. GENERAL
In the event of any question or any matter arising out of any point, which is not expressly provided for in any rules of the game, the decision of the Official Referee shall be final.

VII. GROUND RULES IN DOUBLE TAKRAW – SEPAK TAKRAW GIRLS

A. GENERAL

1. The tournament shall be played in accordance with the rules of the International Sepak Takraw Federation (ISTAF) currently enforced.
2. Any unforeseen incidents not covered by these rules shall dealt with as follows:
   2.1 Cases of general nature shall be resolved in accordance with the general rules set forth by the Palarong Pambansa Management.
   2.2 Technical questions shall be referred to and resolved by the technical committee.
   2.3 In case of problems not covered by the existing ISTAF rules, the final decision shall rest with the Tournament Manager.
3. The DepEd Eligibility rules shall be strictly observed.
4. The Tournament Manager shall manage and take charge of the proper conduct of the games and shall have final decision in all disputes and problems arising from the tournament upon consultation with the Technical Committee.
5. Only the official coach will be allowed to coach his/ her team during the games.
6. Official coach must observed proper decorum. Violation of any of these rules will mean forfeiture of the rights of a coach or manager of his / her team.
7. These Double Takraw Elementary ground rules and regulation will form part of the Palarong Pambansa meet until such time it was revoked or amended by the Palaro Management.
8. Only the coach and his/ her players will be allowed to stay in the area provided for them by the Tournament Management.

B. MODE OF COMPETITION

1. The Double Takraw will be played in a knockout system.
2. The participating team must be on the playing venue at least fifteen (15) minutes before the schedule of games. Rule of succession shall be applied.
C. **THE START OF PLAY AND SERVICE**

1. The side which serve first will serve first for three (3) consecutives services, following which the other side will also serve for the next three (3) consecutive service. Service will alternate thereafter every three (3) points regardless of which side wins a point.
2. At deuce (when both sides reaches 20-20) the service shall alternate on every point.
3. The side which receives first in any set shall serve first in the subsequent set.

D. **REGISTRATION OF PLAYERS**

Each participating region is entitled to register Four (4) players for the double takraw.

E. **WEARING OF UNIFORMS OR REGIONAL COLOR**

1. Participating teams should wear the color of their respective regions assigned to them during their schedule games.
2. Players not wearing their proper uniform during which their team or regu is scheduled to play will not be allowed to play.
3. Players must wear their jersey uniform with permanent number at the back of their shirt, numbering 1 to 4.

F. **WALKOVER**

Any team which has failed to play against the opponent team because of default or walkover, the game shall be forfeited in favor of the opponent team.

G. **PROTEST**

1. All protest shall be submitted in writing and shall be accompanied by affidavit, witness and or evidences thereof to be entertained by the management duly signed by the team coach and the Head of Delegation.
2. Protest must be submitted within one (1) hour after the game.
3. Protest shall be resolved judiciously by the Technical Committee headed by the Tournament Manager.

H. **UNFORSEEN EVENTS**

The decision of the official referee on any question of the Law of the game of Double Takraw during the tournament shall be final. All matter not provided for in these Rules shall be dealt with the Technical Committee.