

PALARONG PAMBANSA 2014
Schedule of Events in Athletics
(As of May 2, 2014)

May 4, 2014 Sunday

TIME	EVENT NO.	EVENT	TEAM	LEVEL
4:00 PM	1	Javelin Throw	Secondary Girls	F
	2	Long Jump	Secondary Boys	F
	3 Spl. Game # 1	Long Jump	MC 16 above	F
	4	110 M. Hurdles	Secondary Boys	TT
	5	110 M. Hurdles	Elementary Boys	TT
	6	100 M. Hurdles	Secondary Girls	TT
	7	100 M. Hurdles	Elementary Girls	TT
	8 Spl. Game #2	100 M	V.I 15 below (B&G)	F
	9 Spl. Game #3	100 M	MC 15 below (B&G)	F
	10	Shot Put	Secondary Boys	F

May 5, 2014 Monday

4:00 PM	11	Triple Jump	Elementary Boys	F
	12 Spl. Game #4	Shot Put	MC 15 below (B&G) & OH 15-below	F
	13	Shot Put	Elementary Girls	F
	14	100 M	Secondary Girls	TT
	15	100 M	Secondary Boys	TT
	16	100 M	Elementary Girls	TT
	17	100 M	Elementary Boys	TT
	18 Spl. Game #5	100 M	MC 16 – above (B&C)	F
	19	Triple Jump	Secondary Boys	F
	20	800 M	Elementary Boys	TT
	21	800 M	Elementary Girls	TT
	22	800 M	Secondary Boys	TT
	23	800 M	Secondary Girls	TT

May 6, 2014 Tuesday

TIME	EVENT NO.	EVENT	TEAM	LEVEL
6:00 AM	24	Javelin Throw	Secondary Boys	F
	25	Long Jump	Secondary Girls	F
	26	Discus Throw	Elementary Boys	F
	27	400 M. Hurdles	Elementary Girls	TT
	28	400 M. Hurdles	Secondary Girls	TT
	29	Triple Jump	Elementary Girls	F
	30	400 M. Hurdles	Elementary Boys	TT
	31	400 M. Hurdles	Secondary Boys	TT
	32 Spl. Game #6	200 M	MC 16 Above (B&G)	F
	33 Spl. Game #7	100 M	V.I (B&G) 16-above	F
4:00 PM	34	Shot Put	Secondary Girls	F
	35	Long Jump	Elementary Boys	TT
	36 Spl. Game #8	Long Jump	V.I & MC-15 below (B&G)	F
	37	400 M	Elementary Boys	TT
	38	400 M	Secondary Boys	TT
	39	400 M	Elementary Girls	TT
	40	400 M	Secondary Girls	TT
	41 Spl. Game #9	400 M	MC 15-below & 16 – above (B&G)	F
	42	Triple Jump	Secondary Girls	F
	43	3000 M Steeple	Secondary Boys	F

May 7, 2014 Wednesday

TIME	EVENT NO.	EVENT	TEAM	LEVEL
6:00 AM	44	Javelin Throw	Elementary Girls	F
	45 Spl. Game #10	Goal Ball	V. I	F
	46	Discus Throw	Secondary Boys	F
	47	Long Jump	Elementary Girls	F
	48	400 M. Hurdles	Secondary Boys	F
	49	400 M. Hurdles	Elementary Boys	F
	50	400 M. Hurdles	Secondary Girls	F
	51	400 M. Hurdles	Elementary Girls	F
	52	200 M	Elementary Boys	TT
	53	200 M	Secondary Boys	TT
	54	200 M	Elementary Girls	TT
	55	200 M	Secondary Girls	TT
	56 Spl. Game# 11	200 M	MC 15 – below (B&G)	F
	57 Spl. Game#12	4x100 M Relay	MC 16- above (B&G)	F
4:00 PM	58	High Jump	Secondary Boys	F
	59	Shot Put	Elementary Boys	F
	60 Spl. Game #13	Shot Put	V.I & MC above (B&G)	F
	61	100 M	Elementary Boys	F
	62	100 M	Secondary boys	F
	63	100 M	Elementary Girls	F
	64	100 M	Secondary Girls	F
	65	800 M	Elementary Boys	F
	66	800 M	Secondary boys	F
	67	800 M	Elementary Girls	F
	68	800 M	Secondary Girls	F
	69 Spl. Game#14	4x100 M Relay	MC 15- above (B&G)	F


May 8, 2014 Thursday

TIME	EVENT NO.	EVENT	TEAM	LEVEL
6:00 AM	70	Javelin Throw	Elementary Boys	F
	71	High Jump	Elementary Girls	F
	72	5000 M	Secondary Boys	F
	73	100 M. Hurdles	Elementary Girls	F
	74	100 M. Hurdles	Secondary Girls	F
	75	110 M. Hurdles	Elementary Boys	F
	76	110 M. Hurdles	Secondary Boys	F
	77	400 M	Elementary Girls	F
	78	400 M	Secondary Girls	F
	79	400 M	Elementary Boys	F
	80	400 M	Secondary Boys	F
	81	High Jump	Secondary Girls	F
4:00 PM	Spl. Game# 15	Boccia/ Bocce	MC (B&G)	F
	82	High Jump	Elementary Boys	F
	83	Discus Throw	Elementary Girls	F
	84	4x100 M Relay	Elementary Boys	TT
	85	4x100 M Relay	Secondary Boys	TT
	86	4x100 M Relay	Elementary Girls	TT
	87	4x100 M Relay	Secondary Girls	TT
	88	1500 M	Elementary Boys	F

May 9, 2014 Friday

TIME	EVENT NO.	EVENT	TEAM	LEVEL
6:00 AM	92	Discuss Throw	Secondary Girls	F
	93	3000 M	Secondary Girls	F
	94	200 M	Elementary Boys	F
	95	200 M	Secondary Boys	F
	96	200 M	Elementary Girls	F
	97	200 M	Secondary Girls	F
	98	4x400 M Relay	Elementary Boys	TT
	99	4x400 M Relay	Secondary Boys	TT
	100	4x400 M Relay	Elementary Girls	TT
	101	4x400 M Relay	Secondary Girls	TT
	102	Pole Vault	Secondary Boys	F
4:00 PM	103	4x100 M Relay	Elementary Boys	F
	104	4x100 M Relay	Secondary Boys	F
	105	4x100 M Relay	Elementary Girls	F
	106	4x100 M Relay	Secondary Girls	F
	107	4x400 M Relay	Elementary Boys	F
	108	4x400 M Relay	Secondary Boys	F
	109	4x400 M Relay	Elementary Girls	F
	110	4x400 M Relay	Secondary Girls	F

Prepared by:


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