

2014 PALARONG PAMBANSA
Laguna Sports Complex, Sta. Cruz, Laguna
May 4-10, 2014

SWIMMING GOLD MEDALISTS EVENTS 1 - 60

Event 1 Boys 12 & Under 200 LC Meter Freestyle ELEM

PALARO REC: 2:08.12 * 4/23/2013 Rafael Barreto R-3

GOLD	Viovicente, Emilio Jose	National Capital Region	2:12.96
------	-------------------------	-------------------------	---------

Event 2 Girls 12 & Under 200 LC Meter Freestyle ELEM

PALARO REC: 2:18.86 * 2010 CATHERINE BONDAD R-4A

GOLD	Saavedra, Imee Joyce	National Capital Region	2:16.72*
------	----------------------	-------------------------	----------

Event 3 Boys 13-17 400 LC Meter Freestyle SEC

PALARO REC: 4:08.36 * 2005 RYAN PAOLO ARABEJO NCR

GOLD	Illustre, Maurice Sacho	National Capital Region	4:19.47
------	-------------------------	-------------------------	---------

Event 4 Girls 13-17 400 LC Meter Freestyle SEC

PALARO REC: 4:35.23 * 1998 NATASHA LEGARDA WVRAA

GOLD	Mendoza, Christine Jhoy	National Capital Region	4:47.54
------	-------------------------	-------------------------	---------

Event 5 Boys 12 & Under 100 LC Meter Backstroke ELEM

PALARO REC: 1:07.56 * 1998 EVAN GRAVADOR

GOLD	Martin, Seth Issak	National Capital Region	1:07.21*
------	--------------------	-------------------------	----------

Event 6 Girls 12 & Under 100 LC Meter Backstroke ELEM

PALARO REC: 1:09.65 * 2006 DOROTHY GRACE HONG NCR

GOLD	Newberry, Bhay Maitland	Calabarzon	1:12.89
------	-------------------------	------------	---------

Event 7 Boys 13-17 100 LC Meter Backstroke SEC

PALARO REC: 1:00.79 * 2009 JOHANSEN AGUILAR NCR

GOLD	Puyo, Arian Neil	Calabarzon	1:01.65
------	------------------	------------	---------

Event 8 Girls 13-17 100 LC Meter Backstroke SEC

PALARO REC: 1:07.47 * 4/23/2013 Catherine Bondad NCR

GOLD	Galang, Claire Anne	National Capital Region	1:10.59
------	---------------------	-------------------------	---------

Event 9 Boys 12 & Under 50 LC Meter Butterfly ELEM

PALARO REC: 28.03 * 2000 RONALD GUIRIBA

GOLD	Gibson, Andrew Buchanan	National Capital Region	29.82
------	-------------------------	-------------------------	-------

Event 10 Girls 12 & Under 50 LC Meter Butterfly ELEM

PALARO REC: 29.68 * 4/23/2013 REGINA ERIN CASTRILLO NCR

GOLD	Francisco, Jesrell	National Capital Region	31.68
------	--------------------	-------------------------	-------

Event 11 Boys 13-17 200 LC Meter Butterfly SEC

PALARO REC: 2:09.98 * 1998 CARLO PICCIO WVRAA

GOLD	Illustre, Maurice Sacho	National Capital Region	2:10.07
------	-------------------------	-------------------------	---------

Event 12 Girls 13-17 200 LC Meter Butterfly SEC

PALARO REC: 2:25.21 * 5/6/2014 Suzanne Vernon Himor REGION - IVA

GOLD	Himor, Suzanne Vernon	Calabarzon	2:25.99
------	-----------------------	------------	---------

Event 13 Boys 12 & Under 200 LC Meter Medley ELEM Relay

PALARO REC: 2:07.33 * 2011 NCRAA

ROMINQUIT, NOOH, POGIONGKO, GUEVARRA

GOLD	1) Gibson, Andrew Buchanan	National Capital Region	2:06.02*
	2) Anastacio, Aryan Israel		
	3) Reyes, Orlando Luis		
	4) Pinpin, Michael Brendan		

Event 14 Girls 12 & Under 200 LC Meter Medley ELEM Relay

PALARO REC: 2:13.52 * 4/23/2013 CONSUNJI, GAVINO, CASTRILLO, CHUA NCRAA

J CONSUNJI, R GAVINO, R CASTRILLO, X CHUA

GOLD	1) Newberry, Bhay Maitland	Calabarzon	2:18.62
	2) Magtibay, Bela Louise		
	3) Quiambao, Bryll Anya		
	4) Catelo, Kriziane		

Event 15 Boys 13-17 200 LC Meter Medley SEC Relay

PALARO REC: 1:54.57 * 2008 AGUILAR, LUA, CASTELO, YAP

GOLD	1) Sing, Brandon	National Capital Region	1:54.74
	2) Taleon, Joshua		
	3) Claveria, Skyller		
	4) Guevarra, Alnair		

Event 16 Girls 13-17 200 LC Meter Medley SEC Relay

PALARO REC: 2:09.09 * 5/8/2012 NCR

A Bartolome, J Rodgers, D Cordero, R Kee

GOLD	1) Galang, Claire Anne	National Capital Region	2:09.46
	2) Aquino, Precilla Loren		
	3) Matabuena, Carmenrose		
	4) Cayanan, Paula		

Event 17 Boys 12 & Under 50 LC Meter Breaststroke ELEM

PALARO REC: 33.32 * 2006 JOSHUA ACAIN R-11

GOLD	Panguico, Jumary	Caraga	35.73
------	------------------	--------	-------

Event 18 Girls 12 & Under 50 LC Meter Breaststroke ELEM

PALARO REC: 36.63 * 4/24/2013 Raissa Regatta Gavino NCR

GOLD	Magtibay, Bela Louise	Calabarzon	37.36
------	-----------------------	------------	-------

Event 19 Boys 13-17 200 LC Meter Breaststroke SEC

PALARO REC: 2:30.42 * 1998 RAFAEL CHUA NCRAA

GOLD	Batungbakal, Alberto	National Capital Region	2:34.16
------	----------------------	-------------------------	---------

Event 20 Girls 13-17 200 LC Meter Breaststroke SEC

PALARO REC: 2:48.00 * 1998 JENNY GUERRERO NCRAA

GOLD	Aquino, Precilla Loren	National Capital Region	2:50.42
------	------------------------	-------------------------	---------

Event 21 Boys 12 & Under 200 LC Meter IM ELEM

PALARO REC: 2:25.86 * 5/9/2012 JOSE MARI SEBASTIAN ARCILLA R-4A

GOLD	Santos, Philip Joaquin	National Capital Region	2:28.75
------	------------------------	-------------------------	---------

Event 22 Girls 12 & Under 200 LC Meter IM ELEM

PALARO REC: 2:37.16 * 4/24/2013 Regina Erin Castrillo NCR

GOLD	Hilario, Zoe Marie	Region 11	2:39.49
------	--------------------	-----------	---------

Event 23 Boys 13-17 200 LC Meter IM SEC

PALARO REC: 2:13.28 * 1998 CARLO PICCIO WVIRAA

GOLD	Pogiongko, Andre	National Capital Region	2:18.21
------	------------------	-------------------------	---------

Event 24 Girls 13-17 200 LC Meter IM SEC

PALARO REC: 2:25.66 * 1998 ALTHEA LIM NCRAA

GOLD	Castrillo, Regina Paz	Calabarzon	2:35.04
------	-----------------------	------------	---------

Event 25 Boys 12 & Under 100 LC Meter Freestyle ELEM

PALARO REC: 58.24 * 4/24/2013 Rafael Barreto R-3

GOLD	Viovicente, Emilio Jose	National Capital Region	1:01.43
------	-------------------------	-------------------------	---------

Event 26 Girls 12 & Under 100 LC Meter Freestyle ELEM

PALARO REC: 1:03.03 * 5/7/2014 Imee Joyce Saavedra NCR

GOLD	Saavedra, Imee Joyce	National Capital Region	1:03.34
------	----------------------	-------------------------	---------

Event 27 Boys 13-17 100 LC Meter Freestyle SEC

PALARO REC: 54.47 * 2005 KENDRICK UY NCRAA

GOLD	Barlisan, Miguel	National Capital Region	55.27
------	------------------	-------------------------	-------

Event 28 Girls 13-17 100 LC Meter Freestyle SEC

PALARO REC: 1:00.28 * 2010 LOREN DALE ECHAVEZ CVRAA

GOLD	Cayanan, Paula	National Capital Region	1:01.72
------	----------------	-------------------------	---------

Event 29 Boys 12 & Under 400 LC Meter Medley ELEM Relay

PALARO REC: 4:41.75 * 2006 TANO,DACANAY,TANO,SING

GOLD	1) Jacinto, Jerard Dominic	National Capital Region	4:42.23
	2) Anastacio, Aryan Israel		
	3) Santos, Philip Joaquin		
	4) Martin, Seth Isaak		

Event 30 Girls 12 & Under 400 LC Meter Medley ELEM Relay

PALARO REC: 4:55.08 * 2006 HONG,ILUSTRE,AL-KHALDI,CRUZ

GOLD	1) Macatangay, Jewelle Mae	Calabarzon	5:03.42
	2) Magtibay, Bela Louise		
	3) Aquino, Vianka Lauren		
	4) Newberry, Bhay Maitland		

Event 31 Boys 13-17 400 LC Meter Medley SEC Relay

PALARO REC: 4:10.66 * 2009 AGUILAR,TAN,CASTELO,BERINO

GOLD	1) Sing, Brandon	National Capital Region	4:11.06
	2) Batungbakal, Alberto		
	3) Illustre, Maurice Sacho		
	4) Barlisan, Miguel		

Event 32 Girls 13-17 400 LC Meter Medley SEC Relay

PALARO REC: 4:40.62 * 1998

GOLD	1) Joves, Francesca	National Capital Region	4:45.88
	2) Lalimo, Ronaly Joyce		
	3) Mendoza, Christine Jhoy		
	4) Saavedra, Mary Angelic		

Event 33 Boys 12 & Under 400 LC Meter Freestyle ELEM

PALARO REC: 4:35.42 * 2009 OMAR PHILIP DACERA R-11

GOLD	Viovicente, Emilio Jose	National Capital Region	4:42.10
------	-------------------------	-------------------------	---------

Event 34 Girls 12 & Under 400 LC Meter Freestyle ELEM

PALARO REC: 4:54.55 * 2010 CATHERINE BONDAD R-4A

GOLD	Saavedra, Imee Joyce	National Capital Region	4:51.83*
------	----------------------	-------------------------	----------

Event 35 Boys 13-17 800 LC Meter Freestyle SEC

PALARO REC: 8:58.36 * 2010 FAHAD ALKHALDI R-11

GOLD	Illustre, Maurice Sacho	National Capital Region	8:59.30
------	-------------------------	-------------------------	---------

Event 36 Girls 13-17 800 LC Meter Freestyle SEC

PALARO REC: 9:48.12 * 2010 ERIKA KRISTY LUKANG R-4A

GOLD	Aquino, Precilla Loren	National Capital Region	9:59.92
------	------------------------	-------------------------	---------

Event 37 Boys 12 & Under 50 LC Meter Backstroke ELEM

PALARO REC: 30.93 * 2009 CHRISTEN MERCADO NCR

GOLD	Gibson, Andrew Buchanan	National Capital Region	31.19
------	-------------------------	-------------------------	-------

Event 38 Girls 12 & Under 50 LC Meter Backstroke ELEM

PALARO REC: 32.62 * 2006 DOROTHY GRACE HONG NCRAA

GOLD	Newberry, Bhay Maitland	Calabarzon	34.13
------	-------------------------	------------	-------

Event 39 Boys 13-17 200 LC Meter Backstroke SEC

PALARO REC: 2:12.61 * 2005 RYAN ARABEJO NCRAA

GOLD	Puyo, Arian Neil	Calabarzon	2:15.65
------	------------------	------------	---------

Event 40 Girls 13-17 200 LC Meter Backstroke SEC

PALARO REC: 2:22.68 * 1998 LIZA DANILA STACAA

GOLD	Galang, Claire Anne	National Capital Region	2:30.17
------	---------------------	-------------------------	---------

Event 41 Boys 12 & Under 100 LC Meter Butterfly ELEM

PALARO REC: 1:03.04 * 2000 RONALD GUIRIBA NCRAA

GOLD	Santos, Philip Joaquin	National Capital Region	1:06.54
------	------------------------	-------------------------	---------

Event 42 Girls 12 & Under 100 LC Meter Butterfly ELEM

PALARO REC: 1:06.92 * 4/25/2013 Regina Erin Castrillo NCR

GOLD	Mendoza, Rocyfaith	Region 10	1:13.41
------	--------------------	-----------	---------

Event 43 Boys 13-17 100 LC Meter Butterfly SEC

PALARO REC: 58.13 * 2011 GABRIEL CASTELO NCRAA

GOLD	Illustre, Maurice Sacho	National Capital Region	1:00.13
------	-------------------------	-------------------------	---------

Event 44 Girls 13-17 100 LC Meter Butterfly SEC

PALARO REC: 1:06.00 * 2009 DELIA ANGELA CORDERO CLRAA

GOLD	Castrillo, Regina Paz	Calabarzon	1:05.79*
------	-----------------------	------------	----------

Event 45 Boys 12 & Under 200 LC Meter Freestyle ELEM Relay

PALARO REC: 1:52.05 * 2010 NCRAA

GOLD	1) Concepcion, Daryl James	National Capital Region	1:53.21
	2) Jacinto, Jerard Dominic		
	3) Bibal, Gideon Jude		
	4) Viovicente, Emilio Jose		

Event 46 Girls 12 & Under 200 LC Meter Freestyle ELEM Relay

PALARO REC: 2:02.88 * 2010 NCRAA

GOLD	1) Coronel, Samantha	National Capital Region	1:59.85*
	2) Saavedra, Imee Joyce		
	3) Francisco, Jesreel		
	4) Ong, Jules 12		

Event 47 Boys 13-17 200 LC Meter Freestyle SEC Relay

PALARO REC: 1:43.78 * 2011 PALENCIA, FRANCISO, MARQUEZ, CHUA

GOLD	1) Adelantar, Elroi Ivon	Calabarzon	1:43.51*
	2) Lavina, Jose Gabriel		
	3) Arcilla, Jose Mari		
	4) Casino, Joshua		
SILVER	1) Pogiongko, Andre	National Capital Region	1:43.73*
	2) Tumaneng, Darwin		
	3) Batungbakal, Alberto		
	4) Claveria, Skyller		

Event 48 Girls 13-17 200 LC Meter Freestyle SEC Relay

PALARO REC: 1:55.26 * 5/10/2012 NCR P Cayan, A Bartolome, C Bondad, T Caluma

GOLD	1) Galang, Claire Anne	National Capital Region	1:59.36
	2) Garcia, Katrina Mae		
	3) Lalimo, Ronaly Joyce		
	4) Saavedra, Mary Angelic		

Event 49 Boys 12 & Under 50 LC Meter Freestyle ELEM

PALARO REC: 26.64 * 2000 RONALDO GUIRIBA NCRAA

GOLD	Pinpin, Michael Brendan	National Capital Region	28.14
------	-------------------------	-------------------------	-------

Event 50 Girls 12 & Under 50 LC Meter Freestyle ELEM

PALARO REC: 29.07 * 1997 LYNETTE ANG CVRAA

GOLD	Coronel, Samantha	National Capital Region	30.60
------	-------------------	-------------------------	-------

Event 51 Boys 13-17 200 LC Meter Freestyle SEC

PALARO REC: 1:59.05 * 2011 AXEL NGUI-FHAD ALKHALDI NCR///STACAA

GOLD	Illustre, Maurice Sacho	National Capital Region	2:00.30
------	-------------------------	-------------------------	---------

Event 52 Girls 13-17 200 LC Meter Freestyle SEC

PALARO REC: 2:12.12 * 1998 ALTHEA LIM NCR

GOLD	Mendoza, Christine Jhoy	National Capital Region	2:17.36
------	-------------------------	-------------------------	---------

Event 53 Boys 12 & Under 100 LC Meter Breaststroke ELEM

PALARO REC: 1:15.65 * 2002 RAFFY HECHANOVA WVRAA

GOLD	Sayson, Martin Jose	Region 7	1:20.02
------	---------------------	----------	---------

Event 54 Girls 12 & Under 100 LC Meter Breaststroke ELEM

PALARO REC: 1:19.35 * 4/26/2013 Raissa Regatta Gavino NCR

GOLD	Magtibay, Bela Louise	Calabarzon	1:23.02
------	-----------------------	------------	---------

Event 55 Boys 13-17 100 LC Meter Breaststroke SEC

PALARO REC: 1:07.38 * 2005 GERARD BORDADO BRAA

GOLD	Claveria, Skyller	National Capital Region	1:09.74
------	-------------------	-------------------------	---------

Event 56 Girls 13-17 100 LC Meter Breaststroke SEC

GOLD	Teope, Raine Helena	Region 3	1:21.02
------	---------------------	----------	---------

Event 57 Boys 12 & Under 400 LC Meter Freestyle ELEM Relay

PALARO REC: 4:09.15 * 5/9/2014 NATIONAL CAPITAL REGION NCR

O Reyes, M Pinpin, S Martin, E Viovicente

GOLD	1) Reyes, Orlando Luis	National Capital Region	4:09.15*
	2) Pinpin, Michael Brendan		
	3) Martin, Seth Isaak		
	4) Viovicente, Emilio Jose		

Event 58 Girls 12 & Under 400 LC Meter Freestyle ELEM Relay

PALARO REC: 4:29.53 * 2000 WVRAA

GOLD	1) Esmero, Charize	National Capital Region	4:32.44
	2) Mina, Milcah Terese		
	3) Deleon, Alexis		
	4) Ong, Jules		

Event 59 Boys 13-17 400 LC Meter Freestyle SEC Relay

PALARO REC: 3:43.68 * 5/9/2014 NATIONAL CAPITAL REGION NCR

M Barlisan, E Dapat, A Guevarra, M Illustre

GOLD	1) Barlisan, Miguel	National Capital Region	3:43.68*
	2) Dapat, Eman Loelito		
	3) Guevarra, Alnair		
	4) Illustre, Maurice Sacho		

Event 60 Girls 13-17 400 LC Meter Freestyle SEC Relay

PALARO REC: 4:10.18 * 2010 TAN, LIPAT, HERRANZ, LUKANG

GOLD	1) Cayanan, Paula	National Capital Region	4:14.30
	2) Mendoza, Christine Jhoy		
	3) Aquino, Precilla Loren		
	4) Matabuena, Carmenrose		