

2014 PALARONG PAMBANSA
Laguna Sports Complex, Sta. Cruz, Laguna
May 4-10, 2014

SWIMMING GOLD MEDALISTS as of May 7, 2014

Event 1 Boys 12 & Under 200 LC Meter Freestyle ELEM

PALARO REC: 2:08.12 * 4/23/2013 Rafael Barreto R-3

GOLD	Viovicente, Emilio Jose	National Capital Region	2:12.96
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Event 2 Girls 12 & Under 200 LC Meter Freestyle ELEM

PALARO REC: 2:18.86 * 2010 CATHERINE BONDAD R-4A

GOLD	Saavedra, Imee Joyce	National Capital Region	2:16.72*
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Event 3 Boys 13-17 400 LC Meter Freestyle SEC

PALARO REC: 4:08.36 * 2005 RYAN PAOLO ARABEJO NCR

GOLD	Illustre, Maurice Sacho	National Capital Region	4:19.47
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Event 4 Girls 13-17 400 LC Meter Freestyle SEC

PALARO REC: 4:35.23 * 1998 NATASHA LEGARDA WVRAA

GOLD	Mendoza, Christine Jhoy	National Capital Region	4:47.54
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Event 5 Boys 12 & Under 100 LC Meter Backstroke ELEM

PALARO REC: 1:07.56 * 1998 EVAN GRAVADOR

GOLD	Martin, Seth Issak	National Capital Region	1:07.21*
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Event 6 Girls 12 & Under 100 LC Meter Backstroke ELEM

PALARO REC: 1:09.65 * 2006 DOROTHY GRACE HONG NCR

GOLD	Newberry, Bhay Maitland	Calabarzon	1:12.89
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Event 7 Boys 13-17 100 LC Meter Backstroke SEC

PALARO REC: 1:00.79 * 2009 JOHANSEN AGUILAR NCR

GOLD	Puyo, Arian Neil	Calabarzon	1:01.65
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Event 8 Girls 13-17 100 LC Meter Backstroke SEC

PALARO REC: 1:07.47 * 4/23/2013 Catherine Bondad NCR

GOLD	Galang, Claire Anne	National Capital Region	1:10.59
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Event 9 Boys 12 & Under 50 LC Meter Butterfly ELEM

PALARO REC: 28.03 * 2000 RONALD GUIRIBA

GOLD	Gibson, Andrew Buchanan	National Capital Region	29.82
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Event 10 Girls 12 & Under 50 LC Meter Butterfly ELEM

PALARO REC: 29.68 * 4/23/2013 REGINA ERIN CASTRILLO NCR

GOLD	Francisco, Jesrell	National Capital Region	31.68
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Event 11 Boys 13-17 200 LC Meter Butterfly SEC

PALARO REC: 2:09.98 * 1998 CARLO PICCIO WVRAA

GOLD	Illustre, Maurice Sacho	National Capital Region	2:10.07
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Event 12 Girls 13-17 200 LC Meter Butterfly SEC

PALARO REC: 2:25.21 * 5/6/2014 Suzanne Vernon Himor REGION - IVA

GOLD	Himor, Suzanne Vernon	Calabarzon	2:25.99
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Event 13 Boys 12 & Under 200 LC Meter Medley ELEM Relay

PALARO REC: 2:07.33 * 2011 NCRAA

ROMINQUIT,NOOH,POGIONGKO,GUEVARRA

GOLD	1) Gibson, Andrew Buchanan	National Capital Region	2:06.02*
	2) Anastacio, Aryan Israel		
	3) Reyes, Orlando Luis		
	4) Pinpin, Michael Brendan		

Event 14 Girls 12 & Under 200 LC Meter Medley ELEM Relay

PALARO REC: 2:13.52 * 4/23/2013 CONSUNJI,GAVINO,CASTRILLO,CHUA NCRAA

J CONSUNJI, R GAVINO, R CASTRILLO, X CHUA

GOLD	1) Newberry, Bhay Maitland	Calabarzon	2:18.62
	2) Magtibay, Bela Louise		
	3) Quiambao, Bryll Anya		
	4) Catelo, Kriziane		

Event 15 Boys 13-17 200 LC Meter Medley SEC Relay

PALARO REC: 1:54.57 * 2008 AGUILAR,LUA,CASTELO,YAP

GOLD	1) Sing, Brandon	National Capital Region	1:54.74
	2) Taleon, Joshua		
	3) Claveria, Skyller		
	4) Guevarra, Alnair		

Event 16 Girls 13-17 200 LC Meter Medley SEC Relay

PALARO REC: 2:09.09 * 5/8/2012 NCR

A Bartolome, J Rodgers, D Cordero, R Kee

GOLD	1) Galang, Claire Anne	National Capital Region	2:09.46
	2) Aquino, Precilla Loren		
	3) Matabuena, Carmenrose		
	4) Cayanan, Paula		

Event 17 Boys 12 & Under 50 LC Meter Breaststroke ELEM

PALARO REC: 33.32 * 2006 JOSHUA ACAIN R-11

GOLD	Panguico, Jumarly	Caraga	35.73
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Event 18 Girls 12 & Under 50 LC Meter Breaststroke ELEM

PALARO REC: 36.63 * 4/24/2013 Raissa Regatta Gavino NCR

GOLD	Magtibay, Bela Louise	Calabarzon	37.36
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Event 19 Boys 13-17 200 LC Meter Breaststroke SEC

PALARO REC: 2:30.42 * 1998 RAFAEL CHUA NCRAA

GOLD	Batungbakal, Alberto	National Capital Region	2:34.16
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Event 20 Girls 13-17 200 LC Meter Breaststroke SEC

PALARO REC: 2:48.00 * 1998 JENNY GUERRERO NCRAA

GOLD	Aquino, Precilla Loren	National Capital Region	2:50.42
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Event 21 Boys 12 & Under 200 LC Meter IM ELEM

PALARO REC: 2:25.86 * 5/9/2012 JOSE MARI SEBASTIAN ARCILLA R-4A

GOLD	Santos, Philip Joaquin	National Capital Region	2:28.75
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Event 22 Girls 12 & Under 200 LC Meter IM ELEM

PALARO REC: 2:37.16 * 4/24/2013 Regina Erin Castrillo NCR

GOLD	Hilario, Zoe Marie	Region 11	2:39.49
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Event 23 Boys 13-17 200 LC Meter IM SEC

PALARO REC: 2:13.28 * 1998 CARLO PICCIO WVIRAA

GOLD	Pogiongko, Andre	National Capital Region	2:18.21
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Event 24 Girls 13-17 200 LC Meter IM SEC

PALARO REC: 2:25.66 * 1998 ALTHEA LIM NCRAA

GOLD	Castrillo, Regina Paz	Calabarzon	2:35.04
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Event 25 Boys 12 & Under 100 LC Meter Freestyle ELEM

PALARO REC: 58.24 * 4/24/2013 Rafael Barreto R-3

GOLD	Viovicente, Emilio Jose	National Capital Region	1:01.43
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Event 26 Girls 12 & Under 100 LC Meter Freestyle ELEM

PALARO REC: 1:03.03 * 5/7/2014 Imee Joyce Saavedra NCR

GOLD	Saavedra, Imee Joyce	National Capital Region	1:03.34
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Event 27 Boys 13-17 100 LC Meter Freestyle SEC

PALARO REC: 54.47 * 2005 KENDRICK UY NCRAA

GOLD	Barlisan, Miguel	National Capital Region	55.27
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Event 28 Girls 13-17 100 LC Meter Freestyle SEC

PALARO REC: 1:00.28 * 2010 LOREN DALE ECHAVEZ CVRAA

GOLD	Cayanan, Paula	National Capital Region	1:01.72
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Event 29 Boys 12 & Under 400 LC Meter Medley ELEM Relay

PALARO REC: 4:41.75 * 2006 TANO,DACANAY,TANO,SING

GOLD	1) Jacinto, Jerard Dominic	National Capital Region	4:42.23
	2) Anastacio, Aryan Israel		
	3) Santos, Philip Joaquin		
	4) Martin, Seth Isaak		

Event 30 Girls 12 & Under 400 LC Meter Medley ELEM Relay

PALARO REC: 4:55.08 * 2006 HONG,ILUSTRE,AL-KHALDI,CRUZ

GOLD	1) Macatangay, Jewelle Mae	Calabarzon	5:03.42
	2) Magtibay, Bela Louise		
	3) Aquino, Vianka Lauren		
	4) Newberry, Bhay Maitland		

Event 31 Boys 13-17 400 LC Meter Medley SEC Relay

PALARO REC: 4:10.66 * 2009 AGUILAR,TAN,CASTELO,BERINO

GOLD	1) Sing, Brandon	National Capital Region	4:11.06
	2) Batungbakal, Alberto		
	3) Illustre, Maurice Sacho		
	4) Barlisan, Miguel		

Event 32 Girls 13-17 400 LC Meter Medley SEC Relay

PALARO REC: 4:40.62 * 1998

GOLD	1) Joves, Francesca	National Capital Region	4:45.88
	2) Lalimo, Ronaly Joyce		
	3) Mendoza, Christine Jhoy		
	4) Saavedra, Mary Angelic		