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PALARONG PAMBANSA 2018

Ilocos Sur, April 15-20, 2018

REVISED DEPED-PEKAF ARNIS GUIDELINES AND GROUND RULES

I. COMPETITION RULE:

The International Rules and the DepEd - PEKAF Ground Rules in Arnis Competition shall govern the conduct of this event in the Palarong Pambansa 2018 including other DepEd sponsored competition in the lower level.

II. PARTICIPANTS:

TEAM COMPOSITION

Elementary Level

- > Boys: 3 Players and 1 Coach
- > Girls: 3 Players, 1 Coach and 1 Chaperon

Secondary Level

- > Boys: 5 Players and 1 Coach
- > Girls: 5 Players, 1 Coach and 1 Chaperon

III. FULL CONTACT SECONDARY LEVEL:

There shall be a maximum of five (5) participants distributed evenly in the different weight divisions for both Secondary Boys and Girls in the Arnis Full Contact. As a matter of procedure, each region/team is allowed only one (1) entry in each of the five (5) weight category (secondary)

FULL CONTACT

SECONDARY LEVEL - WEIGHT DIVISION

BOYS	CATEGORY	GIRLS
43 kgs up to 47 kgs	Pinweight	37 kgs up to 40 kgs
Over 47 kgs up to 51 kgs	Bantamweight	Over 40 kgs up to 44 kgs
Over 51 kgs up to 55 kgs	Featherweight	Over 44 kgs up to 48 kgs
Over 55 kgs up to 60 kgs	Extra Lightweight	Over 48 kgs up to 52 kg
Over 60 kgs up to 65 kgs	Half Lightweight	Over 52 kgs up to 56 kgs

IV. FULL CONTACT ELEMENTARY LEVEL: Demonstration Event. Non medal tally count, but to be awarded with medal. (OPTIONAL) (Same rule in secondary level)

ELEMENTARY LEVEL - BOYS AND GIRLS WEIGHT DIVISION

AGE RANGE	CATEGORY	WEIGHT CATEGORY
11 yrs old and Below	Kids	38 kpls and Below
Over 11 yrs old to 12 yrs old	Light Paperweight	Over 38 kpls to 40 kpls
Over 12 yrs old to 13 yrs old	Paperweight	Over 40 kpls to 42 kpls

V. FULL CONTACT COMPETITION: PADDED STICKS

Participants are required to wear the standard uniform

1. White plain T-shirt (athlete's name, school/club logo, division and region may appear on provided that it does not dominate the over-all appearance of the shirt).
2. Plain red pants (school/club logo may appear on the pants).
3. Rubber soled shoes.

Conduct of the Tournament

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The conduct of the competition shall be on a two-out-of-three round system. Each round should be held for One (1) minute with Three (3) Judges using flag system, both elementary and Secondary level.

Players are required to show artistic Arnis movements unique to their styles for at least three (3) seconds when the referee says "HANDA". Failure to do this – First Offense will be given BABALA or warning. Second and succeeding offenses shall be considered as PAGLABAG or foul.

A SCORE: shall mean a strike with a padded stick using one hand only, delivered to a specific body point and is counted upon confirmation of **Two (2) or Three (3) Judges by raising of color coded flags (2 same color – majority, 3- same color unanimous)**, simultaneously recorded on the score sheet. **Every hit in the encounter will be stopped by the Referee to award the score.** (Bladed concept will be observe. **First to get five (5) points will be declared winner** for the round and DEAAP rules for the Fouls and Disarm will be applied.

1. A score is awarded when a technique is performed according to the following criteria to a scoring area:

- a.) **Sporting attitude**- refers to a non-malicious attitude of great concentration obvious during delivery of the scoring technique.
- b.) **Vigorous application**- defines the power, speed of the techniques and the will for it to succeed
- c.) **Fighting awareness (dakup-diwa)** - is the state of continued commitment in which the constant maintains total concentration, observation and awareness of the total opponent's potentiality to counter-attack.
- d.) **Good timing**- means delivering a technique when it will have the greatest potential effect.
- e.) **Distancing**- delivering a technique at the precise distance where it will have the greatest potential effect. Thus if the technique is delivered on an opponent who is rapidly moving away, the potential effect of the blow is reduced.

2. A **legitimate strike** is given a point if it is delivered to a specific body point in correct form, with power, right timing, with art, distance and intent.

3. Spontaneous strike is allowed, but the judges can only give one (1) point per encounter but in accordance with the guidelines on legitimate strike.

4. In case of **DRAW**, an extension of one (1) round with one (1) minute and the decision/declaration of winner shall be based on the following consideration:

- 4.1 Legitimate points earned within the extension round
- 4.2 Accumulated warnings/penalties
- 4.3 The superiority of tactics and techniques.
- 4.4 The attitude and determination shown by the contestant

Injuries

In case of injury caused by accidental blow and the medical doctor decides/suggests to give the injured player a little time to rest before he/she can continue the game, the decision as stated shall be suspended for a while. However, the rest period shall not be more than two (2) minutes after which the medical doctor must declare the fitness of the injured player to continue or discontinue the game. DEAAP Rules on injury be applied.

VI. FULL CONTACT COMPETITION: LIVE STICK CONTINUOUS (OPTIONAL)

- a. Equipment: Padded Sticks
- b. Category : Secondary: 2 boys and 2 Girls any of the 5 weight Category (B/G)
- c. Non medal count in the tally: But to be awarded with medal
- d. Conduct of the Competition: One (1) minute per round, PEKAF rules and DEAAP Ground rules/Coaches agreement.

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CRITERIA FOR DECISION: LIVE STICK CONTINUOUS

1. If Three Rounds (1 minute per round, with 30 seconds rest) – Three Judges scoring will be done using the “10 point must” system. The winner of the round is always awarded 10 points, while the looser is from 7 to 9 points. On the completion of Three (3) rounds of the match, each judge will total the score on his/her card for each of the two competitors, the highest point will be the Winner of the match.
2. If One (1) Round (2 minutes) - Three Judges scoring/decision will be done by raising of color coded flags (2 same color – majority, 3- same color unanimous). To declare the Winner of the match, judges will about face, then raise the color of the flag at the Referee's command “Hatol”.
3. Scoring will be on the following basis:
 - a.) The competitor who hits or more power full hits to the head, hands and all other legitimate target areas, except below the knees, and back.
 - b.) Aggressiveness also earns credit
 - c. Elements of offense, defense, clean hitting techniques and sportsmanship will be carefully observe.
 - d. If at the end of the match scored tie is established the decision is a draw (tabla).
 - e. In the absence of deciding score, the referee shall extend the match for a sudden death or 1st killing strike for 30 seconds. Thereafter, the referee will call for a conference with the judges to determine the winner. The decision shall be taken on the basis of the following considerations;
 - e.1 The attitude and determination shown by the contestant
 - e.2 The superiority of tactics and techniques.
 - e.3 Accumulated warnings/penalties
4. Major violation each round will be carried forward to the extension

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VII. LIKHA ANYO C OMPETITION:

Composition: Five (5) Players/Participants will come from the Team members in the full contact event who qualify in the weigh-in in the secondary level both boys/ girls and **three (3) players** who qualify in the NSAC age requirements for both boys and girls elementary level. Likewise, the coach and chaperon will be the same as in full contact.

ANYO COMPETITION

Elementary (Boys/Girls Category)

- | | |
|--|------------------------------------|
| A. Individual Likha Anyo Single Weapon Category | - 1 player per individual category |
| B. Individual Likha Anyo Double Weapon Category | - 1 player per individual category |
| C. Individual Likha Anyo ESPADA Y DAGA | - 1 player per individual category |
| D. Team (Synchronized) Likha Anyo Single Weapon Category | - 3 players per team category. |
| E. Team (Synchronized) Likha Anyo Double Weapon Category | - 3 players per team category |
| F. Team (synchronized) Likha Anyo Espada y Daga | - 3 players per team category |
| G. Team (Synchronized Mixed) Likha Anyo Double Weapon Category | -1 boy & 1 girl per team |

Secondary (Boys and Girls category)

- | | |
|--|------------------------------------|
| A. Individual Likha Anyo Single Weapon Category | - 1 player per individual category |
| B. Individual Likha Anyo Double Weapon Category | - 1 player per individual category |
| C. Individual Likha ESPADA Y DAGA | - 1 player per individual category |
| D. Team (Synchronized) Likha Anyo Single Weapon Category | - 3 players per team category |
| E. Team (Synchronized) Likha Anyo Double Weapon Category | - 3 players per team category |
| F. Team (synchronized) Likha Anyo Espada y Daga | - 3 players per category |

COSTUME: For the Anyo competition. It is required that the participating Regions must use the Delegation uniform or the Arnis uniform (**white t-shirt and red pants**)

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ILOGOSUPARONGPAMBANSA 2018 DEAAP

WEAPONS: A player may have the option to choose any of the following weapons (with a minimum length of 24 inches and a maximum length of 36 inches.)

1. Wooden stick/yantok - The cane (stick) made of wood or rattan should measure not less than 60cm. (24 inches) and not more than 90cm. (36 inches.)
2. Wooden Replica of a Bladed Weapon - The wooden replica should measure not less than 60cm. (24 inches) and not more than 90cm. (36 inches) in full length and should be ethnic Filipino in origin.
3. Metallic Unbladed Replica of a Bladed Weapon - The metallic replica should measure not less than 60cm. (24 inches) and not more than 90cm. (36 inches) in full length and should be ethnic Filipino in origin
4. Metallic/wooden Unbladed of a replica of a bladed sword and a dagger- The metallic replica of the sword should measure not more than 60cm. in length and the dagger should measure not less than 20cm. and not more than 31cm. and should be Filipino in origin.

DETERMINING THE WINNER IN ANYO COMPETITION:

There shall be Five (5) judges. The highest and the lowest score will be removed and the remaining scores of the Three (3) judges will be added together to get the score.

IN CASE OF TIE:

* In case of tie, the highest and the lowest score of the Five (5) judges will be added together to break the tie. (DEAAP rules)

* In case another Tie: Repeat performance

The ranking of participants is based from the **net score** obtained which is determined by deducting all identified point deduction/s committed from any in accordance with the rules.

Conduct of the Tournament:

1. The conduct of the competition shall be one (1) round Anyo performance for both Secondary and Elementary level (boys/girls)
2. Each performance shall have a minimum of one (1) minute and a maximum time limit of two (2) minutes. The official time shall start when the player/team gives the Standard courtesy (Pugay) and it shall officially ended when the player/teams gives the ending courtesy (Pugay).
3. Standard Pugay is at close stance, salutation is done by placing the right hand with the weapon pointing upward over the left chest, while the left arm is at the side at closed fist and followed by a nod.
4. The Likha Anyo performance both in secondary and elementary Level shall be focused on Arnis skills.
5. No Acrobatic/fancy movement (such as; tumbling, back flip, somersault, cartwheel and other combative discipline skills will be incorporated during the performance of Likha Anyo.
6. Score in the Likha Anyo competition shall have a numerical value from 5-10 with an increment of 0.1 under the five criterion using DEAAP Rules.
7. Drinking of any kind of liquid during the actual PERFORMANCE is strictly prohibited

PENALTIES/VIOLATIONS/DEDUCTIONS:

1. Violation of time limit shall cause the participant/s deduction of point. A deduction of **One (1) point** should be given in short of the minimum one (1) minute time limit or in excess of the maximum of two (2) minute time limit.
2. Stepping and/or going out of the boundary lines will cause the performer/s a deduction of **One (1) point** per stepping violation.
3. Performer/s who accidentally loses grip of the weapon/s should be given a deduction of **Three (3) points** for every violation.

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- 4. Weapon gets destroyed or has major damage (cut) to any part of the weapon will cause the performer/s a deduction of **Two (2) points** per violation of player/team.
- 5. Failure to execute the standard pugay at the start/end of performance would mean a **three (3) points** deduction
- 6. Judgment calls cannot be protested

VIII. OTHER MATTERS:

- 1. Eligibility of coaches, assistant coach, and chaperon must adhere to the Rules and Guidelines for the National Accreditation and Screening of Athletes and coaches, assistant coach and Chaperon for the Palarong Pambansa . (Full Contact event)
- 2. Coaches, Assistant coaches /Chaperons must be accredited.
- 3. Official coaches/assistant coach and chaperons listed on the gallery are allowed to sit on the coaches designated chair for coaching, when his/ her athletes where playing simultaneously in two (2) different court during the competition.
- 4. **Official coaches/assistant coach and chaperons must be in their Delegation Uniform while on coaching, No short pants, sando and slippers will be allowed for the coaches/chaperons during the competition.** Official coaches/assistant coach and chaperons must observe proper decorum during the competition.
- 5. The Technical Committee shall decide on all other queries/issues not mentioned in the Ground rules.

IX. GENERAL SCHEDULE OF ACTIVITIES:

- A. Arrival of officiating officials and registration -- April 10, 2018
- B. Refresher Course for all officiating officials -- April 11-12, 2018
- C. Weigh -In / Drawing of Lots /Checking of Equipment /Music -- April 12, 2018 (1:00PM to 5:00PM)
- D. Solidarity Conference -- April 13, 2018 (8:00am to 11:00am)
- E. General Opening Ceremony/Parade -- April 15, 2018 (3:00PM)
- F. Arnis Ceremonial Program/Actual Competition -- April 16-20, 2018
- G. Championship games/Awarding Ceremony -- April 20, 2018

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Approved during the 1st Palarong Pambansa 2018 Technical Conference at Sto. Domingo, Ilocos Sur.

AL P. PELGONE

Arnis Tournament Manager, Palarong Pambansa 2018

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**2018 PALARONG PAMBANSA
VIGAN CITY, ILOCOS SUR
ARNIS COMPETITION**

GENERAL SCHEDULE

**VENUE: SAN VICENTE GYMNASIUM
MUNICIPALITY OF SAN VICENTE
ILOCOS, SUR**

DAY 0

- I. Arrival and registration of Officiating Officials -----April 10, 2018
- II. Refresher Course of Officiating Officials ----- April 11-12, 2018
- III. Weighing & Inspection of Weapon & Music----- April 13, 2018 @ 1:00 PM – 5:00 PM
- IV. Solidarity Meeting-----April 13 @ 8:00 AM – 11:00 AM
- V. General Preparation Day-----April 14, 2018
- VI. General Opening Program and Parade -----April 15 @ 5:00 PM

DAY 1

- VII. Arnis Ceremonial Opening Program -----April 16, 2018 7:30 AM
Actual Competition (Likha Anyo Elementary and Secondary)

A. Elementary Boys and Girls

A.1 Individual Event (1 player per category)

- 1. Single Weapon Category
- 2. Double Identical Weapon Category
- 3. Espada Y Daga

A.2 Team Synchronized (3 players per category)

- 4. Single Weapon Category
- 5. Double Identical Weapon Category
- 6. Espada Y Daga
- 7. Synchronized Team **Mixed** Double Identical Weapon Category --1 boy and 1 girls

B. Secondary Boys / Girls

B.1 Individual Event (1 player per category)

- 1. Single Weapon Category
- 2. Double Identical Weapon Category
- 3. Espada Y Daga

B.2 Team Synchronized (3 players per category)

- 4. Single Weapon Category
- 5. Double Identical Weapon Category
- 6. Espada Y Daga

DAY 2 & 3

- VIII. Continuation of Likha Anyo Competition &
Start of Full Contact Event-----April 17-18, 2018

DAY 4

- IX. Continuation of Full Contact Event/Semi-Championship Match --- April 19, 2018

DAY 5

- X. Championship Match and Closing / Awarding Ceremony -----April 19, 2018
- XI- General Closing Program -----April 21, 2018

Note: The schedule for Order of Performance of LIKHA ANYO and Matching will be stated right after weighing and drawing of lots on the date stated above.

Prepared and Submitted by:


AL P. PELGONE

Arnis Tournament Manager
2018 Palarong Pambansa

Elementary

<u>Name</u>	<u>Region</u>	<u>Contact number</u>
Eleaine E. Arofa	CARAGA	09489062825
Eldridge Troy D. Go	CARAGA	09304513083
Gay V. Manalo	Region VI	09985465428
Rhestene M. Torman	Region VI	09950869313
Nancy P. Cerdano	Region VI	09476681182
JEZREEL O. TANDAY	MIMAROPA IV-B	09126193491
ELANIE B. LLORITO	MIMAROPA IV-B	09177979048
Albin D. Rodas	Region III	09330642410
Mark Lehi R. Amar	Region III	09255757024
ALEJO M. HILARIO	REGION V	09262372578
JHONNEL P. RONCESVALLES	Region V	
LUZUMINDA P. CLARIZA	Region IV-A	09368841070
GRACE P. GAVINO	Region IV-A	09501139074
marites S. Signes	Region X	09056544561
AQUILINO T. TENAY JR.	REGION X	09168476725
DEBERO S. MATABANG	REGION I	09269030322
ROWENA A. DORIA	REGION I	09374007011
ABDULLAH K. CALATEN	ARMM	092680000837
Mohamad M. Akmad Jr.	ARMM	09367296218
Mareisa C. Torres	Region XI	09157233719
LENYFER T. ARMEDILLA	Region XI	09261458119
RICKY S. CABILES	NCR	09391540473
FERDINAND M. MAGALONA	NCR	09081209399
RYAN V. MUYCO	Region XII	09175984232
Marivic M. Celestania	Region XII	09282490820
JEDELYN B. PORTUITO	Region XII	09021116051
CRISTINA V. TROPA	REGION VII	09321604763
LEA ALMA G. SALAZAR	REGION VII	09204260299
GEMMA C. GUBALANE	REGION VIII	09496956883
ROGIE S. ASOD	Region VIII	09108071763
ISABEL I. MEDRANO	Region I	09375700118
ARMELDO W. TABADIA	Region II	09167950605
MISAL, RODELDO JR. C.	REGION IX	09103205971
PINIA A. DOMINICA	Region IV	

Secondary

<u>Name</u>	<u>Region</u>	<u>Contact Number</u>
1) JOSE BARCELÓ S. BARTONICO	VI	0975-811-7182
2) RENEGERIO A. VALLEJO JR.	VI	09466892782
3) KAREN A. CATLY	IV-B	09993321046
4) ALBRIX P. COLDCAP	IV B	09278667367
J. Ferdie B. Labandin	III	0923 284101
4) SHERRY J. OQUINA	V	0949298420
7) MARGIE B. BOLANOS	V	09173602026
B. EFRAIN K. BUSTAMANTE	I	09278566607
3. JAMES E. VERGARA	I	0915-221-2617
D. Ronnie T. Uyo-uyo	X	0977 0054759
J. SHARIEF D. MACAPAR	X	0912-690-4445
1. ALONA M. CAJIDA	IV-Δ	0939-6001982
MA. MARILOU T. SILVESTRE	IV-Δ	0923-6471648
NINO JAY M. BARENA	R-XI	09984675064
ARNULFO V. MARA	NCR	09493570081
Reignera M. Esquierra	NCR	09776261650
Kathirine C. Advincula	NCR	09425836330
Monteroso, Gay	R-XI	09097014002
GIMMBOY M. ABEDIN	RRMM	09264598116
MICHAEL GENE L. EUROPA	R XII	09354727002
LUVELIA P. GALEZ	R XII	09088127423
PRAFEDER M. MEDRANO, JR.	II	09364958267
JOEY M. DAGDAG	02	09555812657
Jennifer C. Sebik	VII	0926431671
Ermasfo P. Berdon, Jr.	VII	09732908381
Fernando R. Canete Jr.	VIII	09127728055
EMILIO P. CUEVAS	VIII	09092165227
PERITO, JONEL E.	VII	09239462595
GASCO, WENILYN R.	IX	09091951794
DEUS, MARITO	IX	09175310047
LONDA E. SALCEDO	CARAGA	09494778667
TEOFILA A. TACADA	CARAGA	09102563998
MICHAEL M. REVILLEZA	CARAGA	0918444454