

Department of Education  
**PALARONG PAMBANSA 2018**  
 Quirino Sports Complex  
 Bantay, Ilocos Sur  
 April 16-22, 2018

**SCHEDULE OF EVENTS IN ATHLETICS**

**Day 1, April 16, 2018 (Monday)**

TIME	EVENT NO.	EVENT	CATEGORY	LEVEL
6:00 AM	1	3000 M	Secondary Girls	F
	2	Javelin Throw	Secondary Boys	F
	3	Shot Put	Elementary Girls	F
	4	Long Jump	Secondary Boys	F
	5 Special Game # 1	Long Jump	ID 16 to 25 yrs. Old (B & G)	F
	6	100 M	Elementary Girls	TT
	7	100 M	Elementary Boys	TT
	8	100 M	Secondary Girls	TT
	9	100 M	Secondary Boys	TT
	10 Special Game # 2	100 M	ID 15 Below (B & G)	F
	11	Triple Jump	Elementary Boys	F
	12 Special Game # 3	Shot Put	VI (B & G)	F

**Day 1, April 16, 2018 (Monday)**

TIME	EVENT NO.	EVENT	CATEGORY	LEVEL
2:00 PM	13	Javelin Throw	Secondary Girls	F
	14	Shot Put	Elementary Boys	F
	15 Special Game # 4	Shot Put	OH (B & G)	F
	16	110 M Hurdles	Secondary Boys	TT
	17	110 M Hurdles	Elementary Boys	TT
	18	100 M Hurdles	Secondary Girls	TT
	19	100 M Hurdles	Elementary Girls	TT
	20	Long Jump	Elementary Girls	F
	21	800 M	Secondary Boys	TT
	22	800 M	Secondary Girls	TT
	23	800 M	Elementary Boys	TT
	24	800 M	Elementary Girls	TT
	25 Special Game # 5	100 M	VI (B & G)	F

**Day 2, April 17, 2018 (Tuesday)**

TIME	EVENT NO.	EVENT	CATEGORY	LEVEL
6:00 AM	26	2000 M Walk	Secondary Boys	F
	27	Javelin Throw	Elementary Boys	F
	28	Shot Put	Secondary Girls	F
	29	Long Jump	Elementary Boys	F
	30	Long Jump	Secondary Girls	F
	31	400 M Hurdles	Secondary Boys	TT
	32	400 M Hurdles	Elementary Boys	TT
	33	400 M Hurdles	Secondary Girls	TT
	34	400 M Hurdles	Elementary Girls	TT
	35 Special Game # 6	200 M	ID 16 to 25 yrs. Old (B & G)	F
	36 Special Game # 7	200 M	ID 15 Below (B & G)	F

TIME	EVENT NO.	EVENT	CATEGORY	LEVEL
2:00 PM	37	Shot Put	Secondary Boys	F
	38	Javelin Throw	Elementary Girls	F
	39	400 M	Secondary Boys	TT
	40	400 M	Secondary Girls	TT
	41	400 M	Elementary Boys	TT
	42	400 M	Elementary Girls	TT
	43 Special Game # 8	400 M	ID 15 Below & 16 to 25 yrs.old B&G	F
	44	High Jump	Secondary Boys	F
	45	3000 M Steeplechase	Secondary Boys	F

**Day 3, April 18, 2018 (Wednesday)**

TIME	EVENT NO.	EVENT	CATEGORY	LEVEL
6:00 AM	46	2000 M Walk	Secondary Girls	F
	47	Discus Throw	Secondary Boys	F
	48	Discus Throw	Elementary Girls	F
	49	Triple Jump	Secondary Boys	F
	50 Special Game # 9	Long Jump	ID 15 Below (B & G)	F
	51	400 M Hurdles	Secondary Boys	F
	52	400 M Hurdles	Elementary Boys	F
	53	400 M Hurdles	Secondary Girls	F
	54	400 M Hurdles	Elementary Girls	F
	55 Special Game # 10	400 M	ID 16 to 25 yrs. old (B & G)	F
	56	200 M	Elementary Girls	TT
	57	200 M	Elementary Boys	TT
	58	200 M	Secondary Girls	TT
	59	200 M	Secondary Boys	TT
	60 Special Game # 11	Shot Put	ID 15 Below and 16/25 years old Boys and Girls	F

**Day 3, April 18, 2018 (Wednesday)**

TIME	EVENT NO.	EVENT	CATEGORY	LEVEL
2:00 PM	61	Triple Jump	Secondary Girls	F
	62	Discus Throw	Secondary Girls	F
	63	Discus Throw	Elementary Boys	F
	64	Triple Jump	Elementary Girls	F
	65	100 M	Secondary Boys	F
	66	100 M	Secondary Girls	F
	67	100 M	Elementary Boys	F
	68	100 M	Elementary Girls	F
	69 Special Game # 12	4x100 M Relay	ID 15 yrs. old Below (B & G)	F
	70	4x400 M Relay	Secondary Boys	TT
	71	4x400 M Relay	Secondary Girls	TT
	72	4x400 M Relay	Elementary Boys	TT
	73	4x400 M Relay	Elementary Girls	TT
	74 Special Game # 13	4x100 M Relay	ID 16 to 25 years old (B) and (G)	F

**Day 4, April 19, 2018 (Thursday)**

TIME	EVENT NO.	EVENT	CATEGORY	LEVEL
6:00 AM	75	High Jump	Elementary Girls	F
	76	5000 M	Secondary Boys	F
	77	110 M Hurdles	Secondary Boys	F
	78	110 M Hurdles	Elementary Boys	F
	79	100 M Hurdles	Secondary Girls	F
	80	100 M Hurdles	Elementary Girls	F
	81	400 M	Elementary Girls	F
	82	400 M	Elementary Boys	F
	83	400 M	Secondary Girls	F
	84	400 M	Secondary Boys	F



Day 4, April 19, 2018 (Thursday)

TIME	EVENT NO.	EVENT	CATEGORY	LEVEL
2:00 PM	85	High Jump	Secondary Girls	F
	86	High Jump	Elementary Boys	F
	87	4x100 M Relay	Secondary Boys	TT
	88	4x100 M Relay	Secondary Girls	TT
	89	4x100 M Relay	Elementary Boys	TT
	90	4x100 M Relay	Elementary Girls	TT
	91	1500 M	Secondary Boys	F
	92	1500 M	Secondary Girls	F
	93	1500 M	Elementary Boys	F
	94	1500 M	Elementary Girls	F

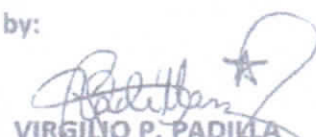
Day 5, April 20, 2018 (Friday)

TIME	EVENT NO.	EVENT	CATEGORY	LEVEL
6:00 AM	95	200 M	Elementary Girls	F
	96	200 M	Elementary Boys	F
	97	200 M	Secondary Girls	F
	98	200 M	Secondary Boys	F
	99	4x400 M Relay	Elementary Girls	F
	100	4x400 M Relay	Elementary Boys	F
	101	4x400 M Relay	Secondary Girls	F
	102	4x400 M Relay	Secondary Boys	F
	103	Pole Vault	Secondary Boys	F

Day 5, April 20, 2018 (Friday)

TIME	EVENT NO.	EVENT	CATEGORY	LEVEL
2:00 PM	104	800 M	Secondary Boys	F
	105	800 M	Secondary Girls	F
	106	800 M	Elementary Boys	F
	107	800 M	Elementary Girls	F
	108	4x100 M Relay	Secondary Boys	F
	109	4x100 M Relay	Secondary Girls	F
	110	4x100 M Relay	Elementary Boys	F
	111	4x100 M Relay	Elementary Girls	F

Prepared by:



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